Kat Pantos received her B.S. in Dance Performance and Management from Plymouth State University. Upon graduation, Pantos toured nationally with multiple contemporary dance companies. She has worked with artists such as Robert Battle, Roni Koresh, Amanda Whitworth, & Tommy Neblett, among others. Pantos later moved to New York City with a vision to expand her artistic library and research. She founded Pantos Project Dance (PPD) and moved the professional company to Boston. PSU featured Pantos as an 'Alumni in the Arts' commissioning PPD for an evening length show. Since the inaugural season, PPD has performed in venues across New England & New York, including Jacob's Pillow Inside/Out stage. Pantos is sought out for her educational classes and choreography. PPD holds annual intensives and a pre-professional youth program. Pantos choreographs commercial work for studios throughout the New England area and most recently, an adjunct faculty member and guest choreographer at University of New Hampshire, Salve Regina University, and Rhode Island College. Pantos strives to inspire students to develop their own artistic abilities while continuing to advance technically and create choreography that is stimulating to the artist and audience alike.